

FINGER SPEED (*LEVEL I*)

Always use a metronome. Always start with slower more accurate repetitions before trying faster speeds. Teach your brain, embouchure, fingers and heart correct, accurate habits by spending most of your time within your comfort zone. *Yes*: Push for lightening fast finger speed, but not at the expense of accuracy; not at the expense of creating *beautiful music*.

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Tuba

Mark each exercise with your fastest, most accurate daily performance tempo.

1. 

5 1st X: Slurred
2nd X: Tongued



9

2. 

14

3. 

25



36

4. 

44

5. 

53

6. 

57



Six-Clicks Pyramid: 1. With your metronome, find your comfort zone - the speed at which you can play a Finger Speed exercise comfortably. 2. Now, set the met 16 clicks slower and play 3-5 quality reps. 3. Next, set the met 6 clicks faster, 3-5 quality reps. 4. Keep repeating step 3 until you can't go any faster. 5. Now subtract 6 clicks several times until you reach your beginning tempo. *Become one with the click!*