



Use *Sakura* to help you understand your breathing better. Please notice that the first time through there is a breath at the end of each measure. Next, A it's every 2 measures. Then, B every 4 measures. The measures designated (Luxury Breath) allow you to take in a slow totally full 4 count breath.

Breathing every measure is usually not the best way to go. (Although, in a slow loud piece, you may very well have to breathe every measure.) Breathing every 4 measures seems like it may push us to the bottom of our lung capacity. Every 2 measures seems to be the way to go. But **don't** take my word for it. Try it for yourself, and determine for yourself which breathing pattern works best for you.

GO PRACTICE!